Pictures to cut out, *for the year ahead.*

Sixty pictures in ten areas of life, a hundred words and two dozen quotes. Choose a few, not all of them: one to three pictures for each goal, one word for the year.

Choose

Three or four goals for the year. For each, the one picture that makes you stop for a second.

Cut and glue

Pictures first, then a word or a quote for each goal. Leave room around them; an empty corner reads as calm.

Add the first step

Under each goal, write one thing you'll do this week, and put it on a real day.

I TITLE CARDS FOR THE TOP OF YOUR BOARD

2027

My *2027*

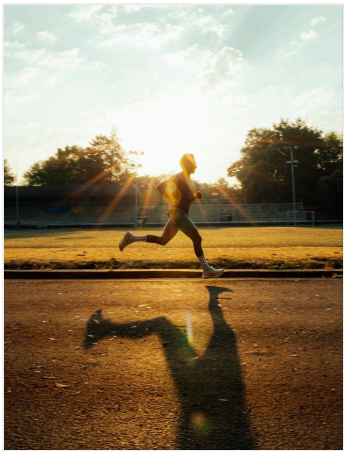
This year

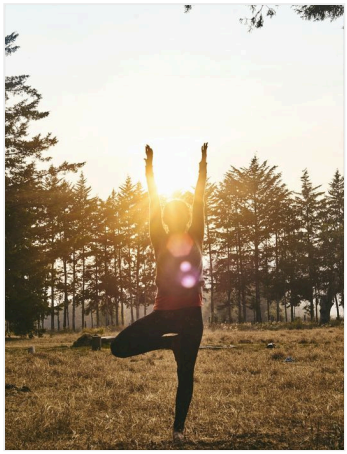
YOUR WORD FOR THE YEAR

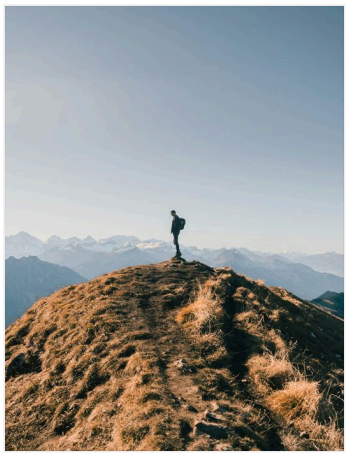
A GOAL, IN YOUR WORDS

Health

Strong
Energy
Move

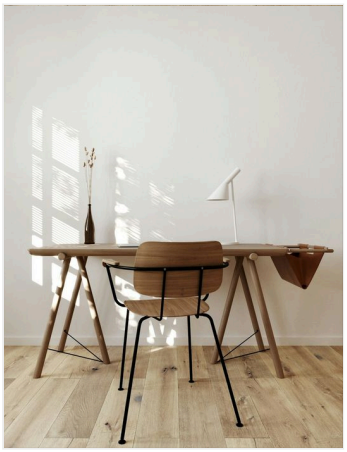




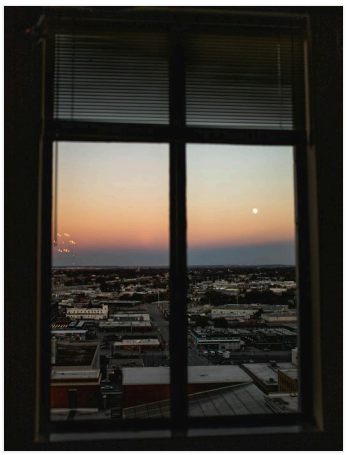
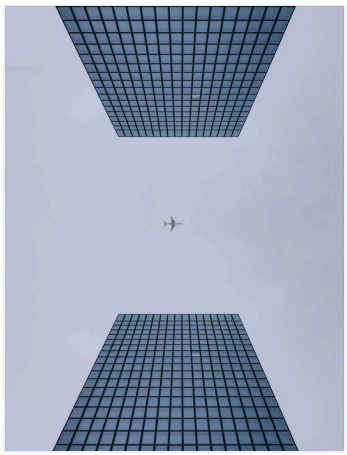



Career

Focus
Craft
Build



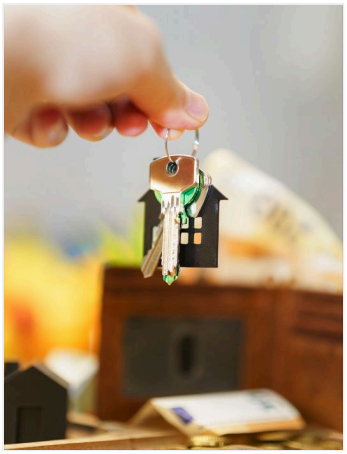


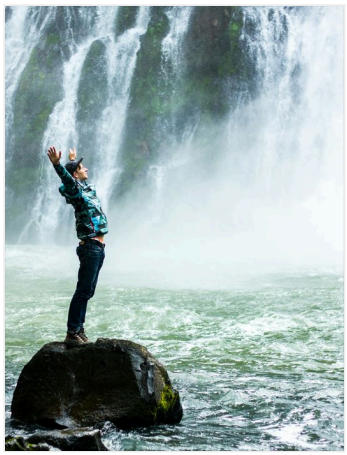
Photos from Unsplash. Health: Jorge Alberto Vega Barrera, NHP&Co, Amau Mexia, Vicky Ng, Holly Mandarich, Gian Porsius. Career: Denys Striyeshyn, Blvck Paris, Andres Molina, Justin Morgan, Xavier Gonzalez, Victor.

Money

Secure
Save
Free

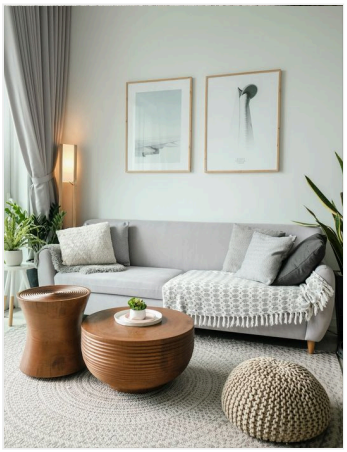
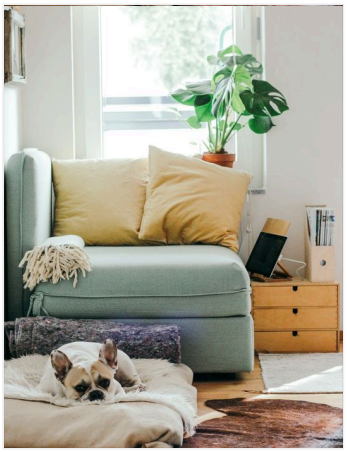







Home

Cozy
Roots
Light

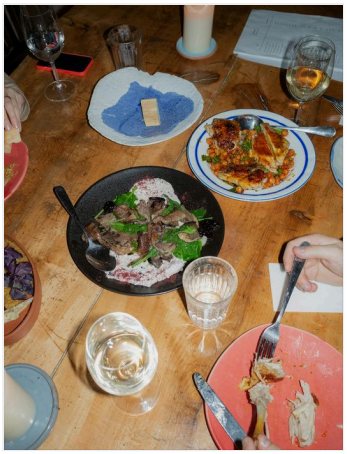




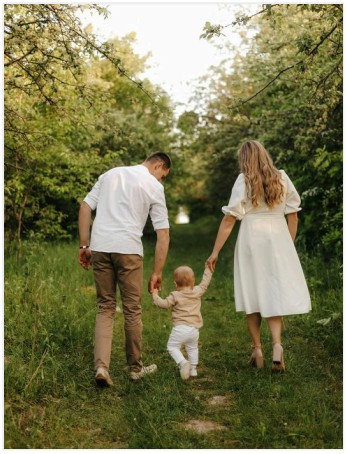
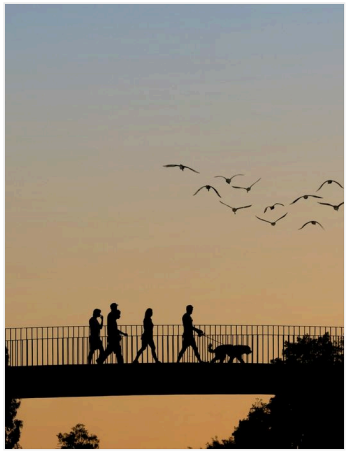
Photos from Unsplash. Money: Melissa Walker Horn, Jakub Żerdzicki, Justin Morgan, micheile henderson, Stoica Ionela, Slav Romanov. Home: Minh Pham, Brina Blum, Lianhao Qu, Christopher Stites, A T, Hans Ott.

Friends & family

Together
Gather
Belong

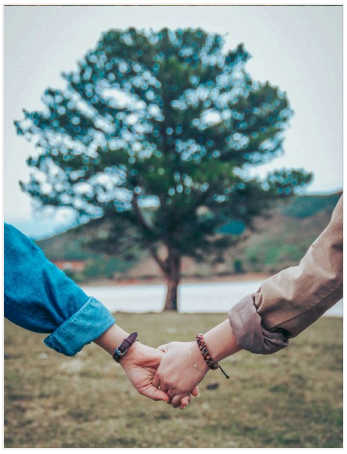
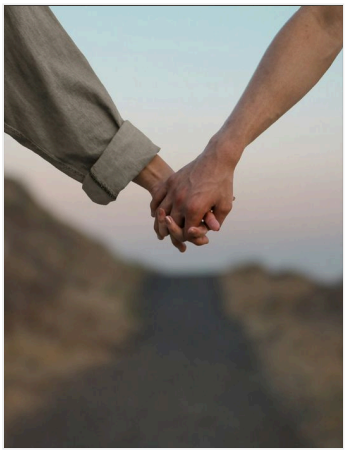
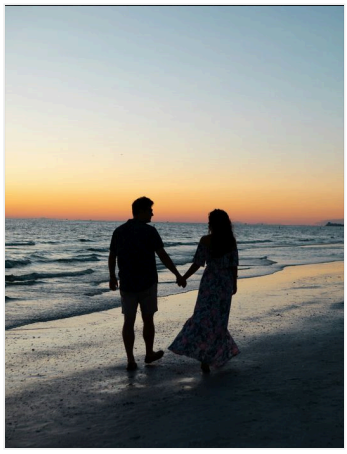


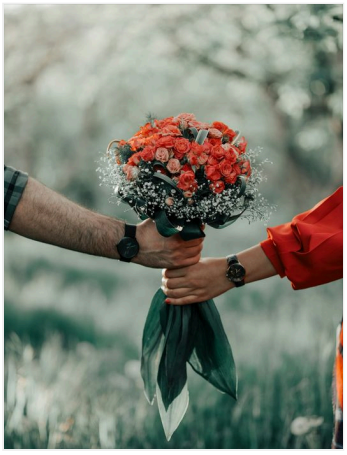
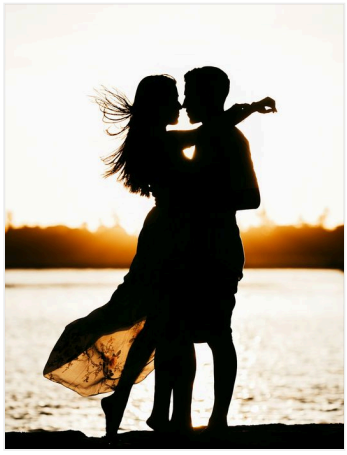


Love

Open
Trust
Warmth

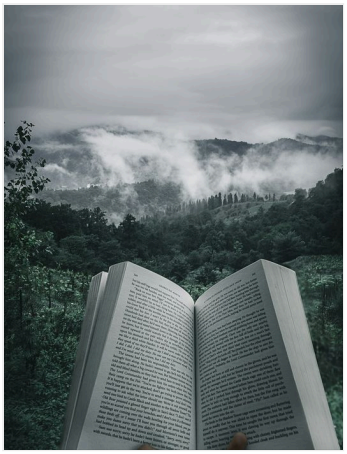




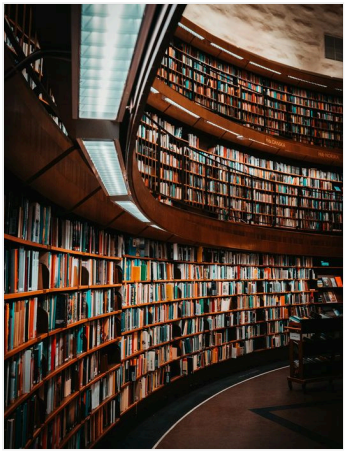
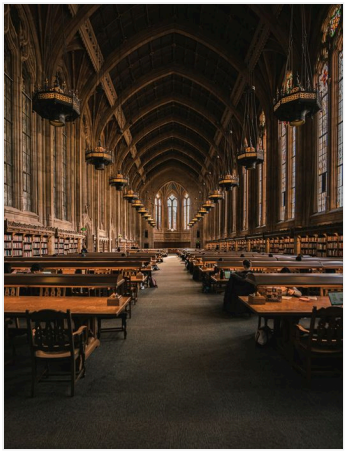
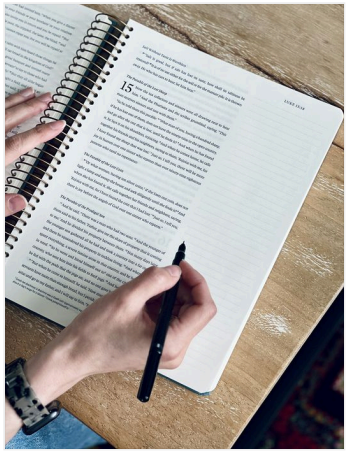



Photos from Unsplash. Friends & family: Andrew Amelianovich, Jojo Yuen, Kristīne Kozaka, Orlando Allo, Nataliia Hordiiuk, Dmitry Osipenko. Love: Dương Hữu, Sdf Rahbar, Dominic Sansotta, Rikonavt, mohsen ameri, Jonathan Borba.

Learning

Curious
Read
Practice



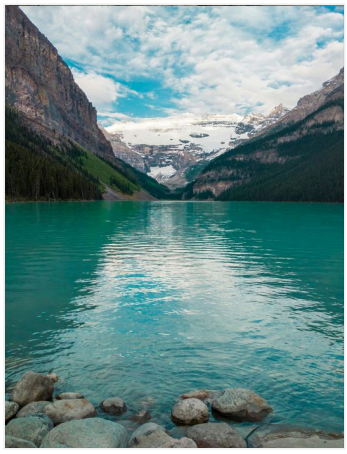
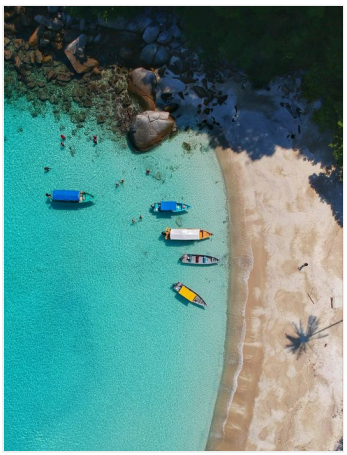





Travel

Adventure
Horizon
Explore





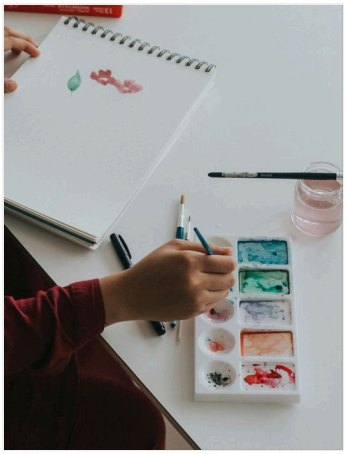
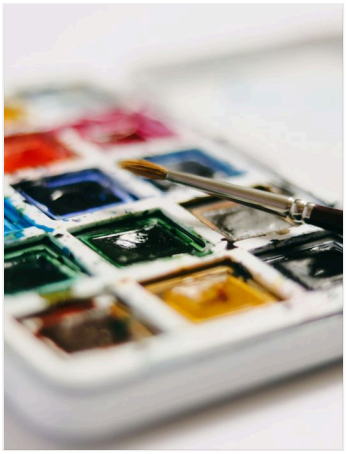



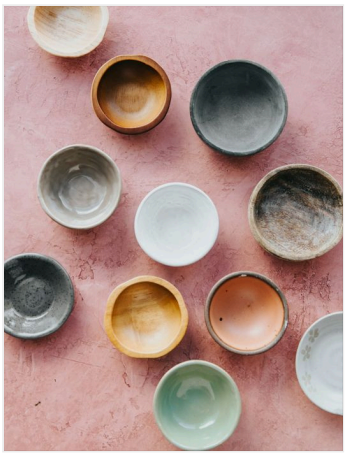


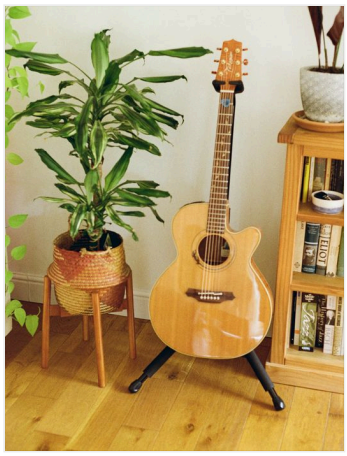
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Creativity

Create
Play
Flow

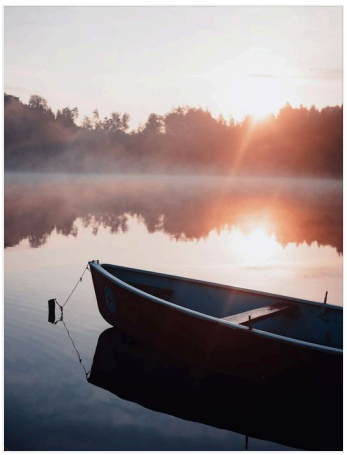
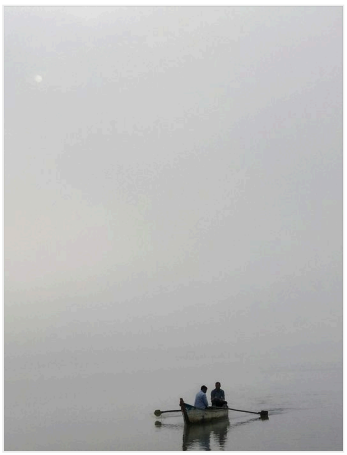
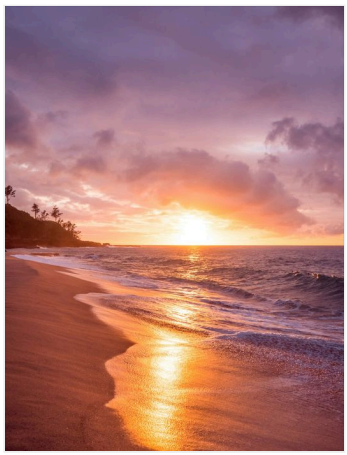




Rest

Breathe
Slow
Peace



Photos from Unsplash. Creativity: Rifqi Ali Ridho, kevs, Courtney Cook, khloe arledge, Louis Hansel, Barney Goodman. Rest: Tetiana Padurets, Nika Benedictova, Brooke Lark, dominik hofbauer, Dipak Vankar, Cristofer Maximilian.

C **A HUNDRED WORDS** TWO ROWS PER AREA OF LIFE, FROM HEALTH TO REST

Strong	Energy	Move	Rested	Nourish
Stretch	Outdoors	Steady	Vital	Balance
Focus	Craft	Lead	Build	Grow
Bold	Ship	Mastery	Clarity	Impact
Secure	Save	Free	Enough	Invest
Debt-free	Generous	Plan	Abundant	Wise
Cozy	Roots	Light	Nest	Welcome
Simple	Garden	Order	Shelter	Space
Together	Laughter	Gather	Present	Kind
Patient	Loyal	Table	Share	Belong
Open	Tender	Trust	Warmth	Devotion
Playful	Partner	Romance	Gentle	Honest
Curious	Read	Practice	Wonder	Fluent
Study	Notes	Questions	Learn	Deep
Adventure	Wander	Horizon	Explore	Passport
Coast	Journey	Discover	Roam	Abroad
Create	Make	Play	Color	Imagine
Sketch	Shape	Compose	Express	Flow
Breathe	Slow	Quiet	Peace	Rest
Still	Soft	Unhurried	Ease	Gratitude

XII ON STARTING, AND ON WORK EVERY SOURCE CHECKED

"The journey of a thousand li commenced with a single step."

Laozi, Tao Te Ching, tr. James Legge (1891)

"The beginning is the most important part of any work."

Plato, Republic, tr. Benjamin Jowett (1871)

"First, say to yourself what you would be; and then do what you have to do."

Epictetus, Discourses, tr. T. W. Higginson (1890)

"For they can conquer, who believe they can."

Virgil, Aeneid, tr. John Dryden (1697)

"Our doubts are traitors and make us lose the good we oft might win by fearing to attempt."

Shakespeare, Measure for Measure (1623)

"If you have built castles in the air, your work need not be lost; that is where they should be. Now put the foundations under them."

Henry David Thoreau, Walden (1854)

"Nothing great … is produced suddenly, since not even the grape or the fig is."

Epictetus, Discourses, tr. George Long (1877)

"Well done is better than well said."

Benjamin Franklin, Poor Richard's Almanack (1737)

"Nothing great was ever achieved without enthusiasm."

Ralph Waldo Emerson, "Circles" (1841)

"If there is no struggle, there is no progress."

Frederick Douglass, speech at Canandaigua (1857)

"Far and away the best prize that life offers is the chance to work hard at work worth doing."

Theodore Roosevelt, speech in Syracuse (1903)

"Work is love made visible."

Kahlil Gibran, The Prophet (1923)

XII ON HEALTH, TRAVEL, LEARNING AND LOVE EVERY SOURCE CHECKED

"There is nothing stronger than those two: patience and time."

Leo Tolstoy, War and Peace, tr. Louise and Aylmer Maude

"A strong body makes the mind strong."

Thomas Jefferson, letter to Peter Carr (1785)

"In every walk with Nature one receives far more than he seeks."

John Muir, Steep Trails (1918)

"Afoot and light-hearted I take to the open road, healthy, free, the world before me."

Walt Whitman, "Song of the Open Road"

"For my part, I travel not to go anywhere, but to go. I travel for travel's sake."

Robert Louis Stevenson, Travels with a Donkey (1879)

"Travel is fatal to prejudice, bigotry and narrow-mindedness."

Mark Twain, The Innocents Abroad (1869)

"Learning without thought is labour lost; thought without learning is perilous."

Confucius, Analects, tr. James Legge (1861)

"Lord, we know what we are but know not what we may be."

Shakespeare, Hamlet

"I'm not afraid of storms, for I'm learning how to sail my ship."

Louisa May Alcott, Little Women (1869)

"Many waters cannot quench love, neither can the floods drown it."

Song of Solomon 8:7, King James Version

"Very little indeed is necessary for living a happy life."

Marcus Aurelius, Meditations, tr. George Long (1862)

"Write it on your heart that every day is the best day in the year."

Ralph Waldo Emerson, "Works and Days" (1870)